



## 5 questions to ask your doctor about Alzheimer's disease

Talking to your doctor about Alzheimer's disease for the first time can be overwhelming. But it can be helpful to bring along a list of questions that you want to ask, so you don't miss out on any important information. You can also ask to take a family member or friend along with you for support.

Here are some questions to take with you on your next doctor's appointment and some space for you to note down their answers.

### General information

Doctor's name: \_\_\_\_\_

Doctor's contact info: \_\_\_\_\_

My list of medications: \_\_\_\_\_

### Questions

1. What tests can you do to rule out normal ageing?

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2. How does Alzheimer's disease progress and what can I expect when my condition advances?

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3. Will you be my main doctor, or will you refer me to any specialists?

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4. What can I do to slow or delay symptoms of the disease?

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5. Will I need to get help in the home or live in a care home in the future?

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### Notes

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