Meet NovoFine® Plus:
The 32G 4 mm pen needle that makes injections a little friendlier

I’m short, thin, and go with the flow
Introduction

You have received this leaflet because you have been prescribed an injectable medication to help manage your diabetes. Injectable medications such as insulin or GLP-1 therapy are delivered in a pen device.

- There are a variety of pen devices available. Your doctor or nurse will recommend a specific pen for you and will explain the correct way to use the pen.

- Pen devices can be used with short and thin needles. One example is the NovoFine® Plus 32G 4 mm needle—the latest needle development from Novo Nordisk.
Why NovoFine® Plus

NovoFine® Plus is designed to make injections more comfortable for you

Ultra-short: only 4 mm in length, for less risk of injecting into the muscle

Ultra-thin: only 32G (the thickness of 2 human hairs!), associated with less pain

Designed with SuperFlow™ technology to reduce injection time and force

Unique design to reduce the risk of bending and breaking

Compatible with all pen devices

Suitable for people of all weights

NovoFine® Plus Regular needle

Novo Nordisk

NovoFine® Plus
Attaching NovoFine® Plus to your pen device

Follow these steps to attach NovoFine® Plus to your pen device

1. Take a new needle, and tear off the paper tab.
2. Push the needle straight onto the pen. Turn until it is on tight.
3. Pull off the outer needle cap and keep it for later. You will need it after the injection, to safely remove the needle from the pen.
4. Pull off the inner needle cap and throw it away. If you try to put it back on, you may accidentally stick yourself with the needle.

A drop of insulin may appear at the needle tip. This is normal, but you must still check the insulin flow.

Always check the insulin flow before you begin. This helps ensure that you get your full dose of insulin.

Additional information on injecting is available from your doctor and in the information booklet of your pen device.
How to inject with NovoFine® Plus

• NovoFine® Plus is a 4 mm needle, which means you do not need to pinch the skin and create a “skin fold” before injecting

• The NovoFine® Plus needle can be injected at a 90° angle, directly into your skin

• Pinching the skin to create a “skin fold” may be recommended for some people, such as slim children, to prevent injecting into the muscle. Always inject according to the guidance of your doctor or nurse

• Injectable diabetes medications are injected into the fatty layer of your skin, called the subcutaneous layer

• The depth of the subcutaneous layer is different for every person and at different parts of the body

• It is important to inject into the subcutaneous layer, and not the dermis above nor the muscle below

A 4 mm needle reduces the risk of injecting into the muscle, compared with larger needles

It is important to inject according to the guidance of your doctor or nurse. Your doctor or nurse will recommend the specific needle length that is right for you.
Injection sites

Choosing the correct place to inject is important

- The main injection sites are the thighs, abdomen (stomach), buttocks, or backs of the upper arms

- You should not inject in the same site every time

- Rotating injection sites will give each site the opportunity to recover properly and will make injections more comfortable and effective

- One rotation routine is to divide each injection site into halves or quarters and use a different half or quarter every week. At the beginning of each week, move in a clockwise direction one finger-width from the last injection point

- Talk to your doctor or nurse about the injection sites and rotation routines that are right for you

Abdominal rotational pattern by quarters
Thigh rotational pattern by halves
Buttocks rotational pattern by halves
NovoFine® Plus is compatible with all pen devices

NovoFine® Plus pen needle is compatible with:

✔ NovoPen Echo®
✔ InnoLet®
✔ FlexPro®
✔ Victoza® pen
✔ FlexPen®
✔ FlexTouch®
✔ NovoPen® 3
✔ NovoPen® 4
✔ NovoPen® 5
✔ NordiFlex®
✔ NordiPen®
✔ KwikPen®
✔ SoloStar®
✔ ClickStar®
✔ Byetta® Pen
✔ Autopen® Classic
✔ Autopen® 24
✔ Omnican® Pen 31
✔ Ypsopen®
✔ BerliPen® Areo 2
✔ BerliPen® 302
✔ HumaPen® Luxura™
✔ HumaPen® Luxura™ HD
✔ TactiPen®

You can benefit from our finest needles available while using your pen of choice.
Do not reuse needles

Remember that pen needles are sterile products designed for single use only

Reusing a needle may:
• Damage the needle tip and protective coating, making injections painful and causing bleeding or bruising
• Result in blockage, making it more difficult to deliver your medicine during the next injection
• Increase the risk of breakage, which can damage your skin

Always use a new and sterile needle for each injection

Correct needle disposal
To reduce the risk of injury to others, pen needles should be disposed of in a puncture-resistant container, such as a “sharps container”, according to local regulations. Check local recommendations for discarding medical waste.
Find out more about me at NovoNordisk.com